

C What is it? What does it look like? Why is it important?



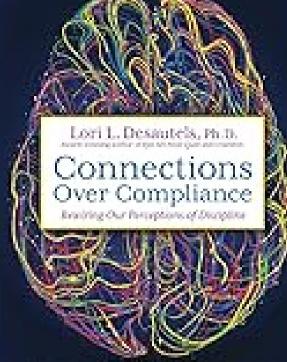
SOCIAL-EMOTIONAL WELL-BEING

What creates positive school culture?
We are the educators - we go first
We are the epicenter of this change
Our nervous systems are contagious! We must practice these regulation strategies ourselves

Lori L. Desautels, Ph.D.

Intentional Neuroplasticity

Moving Our NERVOUS SYSTEMS and EDUCATIONAL SYSTEM Toward POST-TRAUMATIC GROWTH



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Team viewed improving climate and culture as foundational to improvement

Building a culture of trust and vulnerability to share successes/struggles

Focus on doing 1% more

SOME OUTCOMES

ATTENDANCE

Improved student and staff attendance

FAMILY ENGAGEMENT

Improved relationships and communication



ACADEMICS

Improvement in all academic markers, in all content areas

Strategically plan how we welcome and greet students:

- Music
- Excitement
- Positivity
- Images of students
- Sets the tone for the day



Coregulation is a practice
Coregulation is not a fad
Building unconditional relationships is key

"When we isolate, time out, and threaten, our students learn that the relationship is conditional." - Lori Desautels, PhD

Sensory strategies Connection strategies Cortical strategies



SCHOOL OFFICE

WE SET A TONE OF POSITIVITY WHEN STUDENTS OR PARENTS STOP BY OR CALL THE OFFICE

> WE STOP AND LISTEN DURING CONVERSATIONS WITH PARENTS

WE PROMPTLY FOLLOW UP WITH PARENT INQUIRIES

> WE TAKE TIME TO THANK PARENTS AND COMMUNITY MEMBERS







Family Nights: Making school a positive experience for all • Energy is contagious! If you are excited, the families and kids will be excited

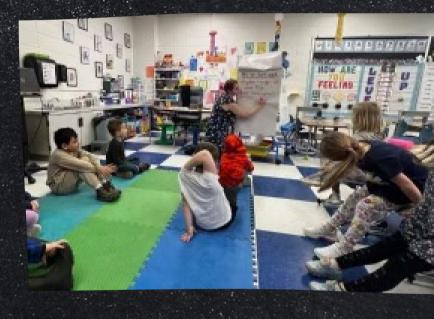
 Welcome families with open arms make them feel comfortable • Show that school and learning can be

- fun
- Teachers care for the students AND their families



POPUP &

 \mathbf{O} Risk taking & confidence building • Eye contact & public speaking





Building positive peer relationships Increased academic learning & focus









Community Engagement

Student Power and Choice

Student Engagement

Grade Level Community Building

CONNECT WITH US

Christina Boursaw, Principal christina.boursaw@augustaschools.org Sharon Fowler, LCSW sharon.fowler@augustaschools.org Lindsay Bragdon lbragdon@une.edu lindsaybragdon@gmail.com

Gilbert School (207)626-2491 Lindsay Bragdon (207)649-6369

ANY QUESTIONS?

