

# SECOND ANNUAL 2024 Social Services & Education Professionals Symposium



## SYMPOSIUM SCHEDULE

TIME	SESSION	ROOM	PRESENTER
8:00-8:30 a.m.	Registration and Networking		
8:30-8:40 a.m.	Welcome Remarks		
8:40-10:10 a.m.	Workshop Session #1		
	Trauma Stewardship	101	Elyse Pratt Ronco
	Building Relationships and Community Through 'Crew'/ Advisory	102	Matt Bernstein
	New Mainer Youth, Mental Health, and Trauma	201	Krista Hall
	Self-Care in the Aftermath of a Pandemic	104	Wanda Anderson
10:10-10:20 a.m.	Break		
10:20-11:50 a.m.	Workshop Session #2		
	Here Now: The Transformative Power of Mindfulness and Contemplative Education	102	Jessica Bane Robert
	Keeping Our Expectations High Using Trauma and Resilience Informed Teaching and Learning (TRITL) Principles	101	Krysten Gorrivan
	Building a Connected School Culture	104	Christina Boursaw, Lindsay Bradgon, & Sharon Fowler
	Who's Doing the Talking? Creating Rich Learning Environments Through Guided Student Discourse	201	Joshua Chard
11:50 a.m.-1:20 p.m.	Lunch		
12:30-1:20 p.m.	Speaker (During Lunch)		
1:20-2:50 p.m.	Workshop Session #3		
	Cultivating Compassionate Classrooms: Restorative Practices for Self-Care and Positive Learning Environments	104	Jeremy Zelaya-Floyd & George Conant
	Meeting Ourselves and Others on the Page: Children's Literature as a Doorway to SEL	201	Melissa Guerrette
	Responding to the Complex Needs of Students: Helping Without Burning Out	102	Erin Benner
	Self-Care in the Aftermath of a Pandemic	101	Wanda Anderson
2:50-3:00 p.m.	Break		
3:00-3:30 p.m.	Report Out and Closing		



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# KEYNOTE SPEAKER

## Cara Valentino

Cara is the President and Chief Executive Officer of the Dempsey Center, a Maine-based cancer care non-profit.

Cara joined the Dempsey Center mission in November 2021 to expand the organization's capacity to serve across Maine and she is grateful for the opportunity to be of greater service. Her earlier career included long tenures in finance, technology, and counterterrorism. She is a Certified Leadership and Gallup Clifton Strengths Certified Coach as well as a registered Yoga Teacher, and a Certified Pilates and Barre Instructor.

## GIFT CARD DOOR PRIZES

*Must be present for end-of-day drawing to win*

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